**Navy Band Olympics**

**Directions:**

**Let the games begin! Practice carefully to pass off each song. You must play accurately with correct notes, rhythms, articulation, dynamics and a good sound.**

**You may pass off during lessons, recess or on the BC Practice hotline ((732) 997-7054).**

**-If you use the hotline to pass off a song, you will need to submit your Band Olympics packet to Mr. Coates the next day. He will listen to your assignment and you can pick up your Band Olympics packet at the end of the day.**

**-Any exercises that are in a gray box must be passed off in person.**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** **Instrument:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Navy Band Olympics**

**Level 1 – Blue Ring**

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| **Exercise** | **Skill / Focus** | **Completed** |
| **#52 – Scale Study** | Key Signature and Dynamics |  |
| **#54 – Advantage** | Instrument Technique |  |
| **#55 – Frere Jacques** | 8th Notes and Dynamics |  |
| **Page 42 – A4** | Technique |  |
| **#57 – Scale Study** | Time Signature, Slur 2 Tongue 2 |  |
| **#58 – Barcarolle** | ¾ Time, 1st/2nd ending |  |
| **#59 – This Old Man** | Slur 2 – Tongue 2, Dynamics |  |
| **#61 – Blue Danube Waltz** | ¾, Dynamics |  |
| **#63 – Scale Study** | Key Signature |  |
| **C Tetrachord** | Scales |  |

**Level 2 – Yellow Ring**

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| **Exercise** | **Skill / Focus** | **Completed** |
| **#65 – Mexican Hat Dance** | 3/4 Time, Accent |  |
| **#69 – Clarke Technique Study** | Quick Fingering, Accents |  |
| **#70 – Musette** | Eighth Rests |  |
| **#71 – Old St. Nick in Eighths** | Slur 2 Tongue 2, 1st and 2nd Endings |  |
| **#73 – Lovely Evening** | ¾ Time – Eighth Rests |  |
| **Page 42 – A6** | Technique |  |
| **#75 – Scale Study** | Key Signature |  |
| **#76 – 12 Bar Blues** | Accidentals |  |
| **#78 – Tecnhique** | Technique |  |
| **C, F, and G Tetrachord** | Scales |  |

**Level 3 – Black Ring**

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| **Exercise** | **Skill / Focus** | **Completed** |
| **Page 42 – A6** | Technique |  |
| **#81 – Tongue Twister** | Counting |  |
| **#82 – Camptown Races** | Staccato |  |
| **#83 – Spring Theme** | Eighth Rests |  |
| **#84 – Advantage** | Technique |  |
| **#86 – Scaling Up Warm Up** | High Notes |  |
| **#87 – New Note Exercise** | Low Notes |  |
| **#89 – Lullaby** | Dotted Quarter Note |  |
| **#93 – Trumpet Volluntary** | Duet |  |
| **C, F, G, Bb, D Tetrachords (Under 1 Minute)** | Scales |  |

**Level 4 – Green Ring**

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| **Exercise** | **Skill / Focus** | **Completed** |
| **# 95 – Surprise Symphony** | Staccato, Dynamics |  |
| **#96 – Morning** | Long Phrases |  |
| **#97 – Can-Can** | Allegro, 1st/2nd Ending |  |
| **#99 – Kookabura** | Round |  |
| **Page 43 – A7** | Technique |  |
| **#102 – Swan Lake Theme** | Dotted Quarter |  |
| **#103 – William Tell Overture** | Allegro |  |
| **#106 – Scaling Down** | High Notes |  |
| **#111 – Advantage** | Technique |  |
| **C, F, G, Bb, D, Eb, A Tetrachords (Under 1 Minute)** | Scales |  |

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** **Instrument:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Navy Band Olympics**

**Level 5 – Red Ring**

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| **Exercise** | **Skill / Focus** | **Completed** |
| **#114 – Home on the Range** | ¾ Time |  |
| **#115 – Allouette** | Dotted Quarter |  |
| **#116 – Stone Passing Game** | Slur 2 – Tongue 2 |  |
| **#117 – Advantage** | Technique |  |
| **#118 – We Wish You a Merry Christmas** | ¾ Time, Slur 2 – Tongue 2 |  |
| **Page 43 – A8** |  |  |
| **#119 – To the Next Level** | Phrases/New Notes |  |
| **#120 – Above From Below** | Phrases/New Notes |  |
| **#121 Arban Scale Study** | Fingerings/ Skipping Notes |  |
| **C, F, G, Bb, D, Eb, A, Ab, E Tetrachords (Under 1 Minute)** | Scales |  |

**Level 6 – Bronze Medal**

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| **Exercise** | **Skill / Focus** | **Completed** |
| **#122 – Shepherd’s Hey** | Slur 2 Tongue 2 |  |
| **#123 – Advantage** | Technique |  |
| **Page 43 – A9** | Technique |  |
| **#125 – Working Up** | Phrases/New Notes |  |
| **#126 – Expanding the Range** | Phrases/New Notes |  |
| **#128 – Hey Ho Nobody’s Home** | Round, Dotted Quarter |  |
| **#131 – Largo** | Duet, Dotted Quarter |  |
| **#133 – Scale Study** | Expanding Intervals |  |
| **#139 – Sliding on Up** | New Notes |  |
| **C, F, G, Bb, D, Eb, A, Ab, E , Db, B Tetrachords (Under 1 Minute)** | Scales |  |

**Level 7 – Silver Medal**

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| **Exercise** | **Skill / Focus** | **Completed** |
| **#141 – Sakura** | Long Phrases |  |
| **#143 – Advantage** | Technique |  |
| **Page 43 – A10** | Technique |  |
| **#147 – A New Jingle** | Dotted Quarter |  |
| **#149 – Ach! Du Lieber Augustine** | ¾ Time, Dotted Quarter |  |
| **#152 – Kopprasch Study** | Technique |  |
| **#154 – Minuet** | ¾ Time |  |
| **#157 – Dona Nobis Pacem** | ¾ Time |  |
| **Page 43 – A11** |  |  |
| **All Tetrachords (Under 1 Minute)** | Scales |  |

**Level 8 – Gold Medal**

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| **Exercise** | **Skill / Focus** | **Completed** |
| **#159 – Wagner Technique Study** | Technique |  |
| **#160 – Austrian Hymn** | Long Phrases |  |
| **#164 – Amazing Grace** | ¾ Time |  |
| **#165 – Marine’s Hymn** | Dotted Quarter |  |
| **#166 – Auld Lang Syne** | Dotted Quarter |  |
| **#167 – Advantage** | Technique |  |
| **Page 43 – A12** | Technique |  |
| **All Tetrachords (Under 45 Seconds)** | Scales |  |